

WELCOME HOME TO WELLNESS

PROUDLY FEATURED AT PARC



DARWINTM
HOME WELLNESS INTELLIGENCE



INTRODUCING THE ERA OF WELLNESS HOMES

Our homes keep us safe and protected, but they could do more to make us naturally healthier and happier. It's a big statement, but one that's based on a simple truth – we were simply not meant to spend so much time indoors. Our senses evolved in nature, shaped by the benefits of pure air, pure water, and natural light.

At Delos, we understand what Australian families, like yours, look for in their perfect home - a retreat from the stresses of modern life, a haven, a place to live and grow, a place to make your own.



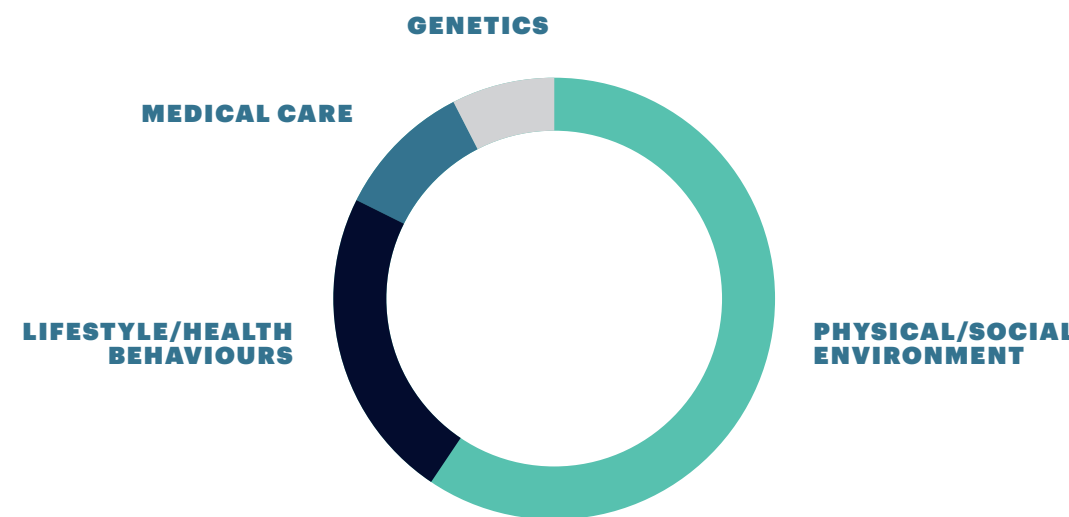
YOUR ENVIRONMENT AFFECTS YOUR HEALTH



We spend around 90% of our time indoors and this can have a profound impact on our health, well-being, happiness and productivity. So doesn't it make sense to bring more benefits

of the outdoors, indoors, where we live, breathe, drink, eat and sleep? Read on and discover how DARWIN™ Home Wellness Intelligence will bring your home closer to the way nature intended it to be.

YOUR ENVIRONMENT AFFECTS YOUR HEALTH



*<https://www.aihw.gov.au/reports/health-welfare-expenditure/health-expenditure-australia-2014-15/contents/table-of-contents>
Centers for Disease Control and Protection. Frequently Asked Questions. 2014. Available online at: <http://www.cdc.gov/nchhstp/socialdeterminants/faq.html>

“OUR HOMES, COMMUNITIES, AND SURROUNDING ENVIRONMENT DIRECTLY AFFECT OUR DAILY MOTIVATIONS, BEHAVIORS, AND LIFESTYLE, AND THESE FACTORS DETERMINE 80-90% OF OUR HEALTH OUTCOMES.”

Build Well to Live Well: Wellness Lifestyle
Real Estate & Communities, Global Wellness
Institute, January 2018



WELCOME TO THE GREAT INDOORS

INTRODUCING DARWIN™ HOME WELLNESS INTELLIGENCE

Delos, the global pioneer of Wellness Real Estate™, is proud to introduce DARWIN Home Wellness Intelligence.

DARWIN creates and maintains the natural environment in your home that is essential for enhanced health, wellbeing and performance. Based on the learnings gained from over 7 years with the foremost medical and scientific institutions in the world, the DARWIN system monitors the health of your home against the needs of your family.

DARWIN monitors, detects, and responds to the changing conditions of your home to suit your family's health and wellness needs throughout the day. And it does it all automatically in the background without you lifting a finger. Or if you prefer, you can select from a pre-programmed range of wellness experiences scientifically designed to enhance your environment.

The DARWIN Platform creates the perfect environment for you and your family, so you can live just like nature intended.



THE WELLNESS PLATFORM IS BUILT ON FOUNDATIONS FROM THE NATURAL WORLD



PURE AIR

The DARWIN Air Purification System helps to improve air quality by removing allergens, toxins, pathogens, pollen and other pollutants from the air.



PURE WATER

The DARWIN Water Filtration System uses best-in-class filtration technologies to improve water quality in your home.



CIRCADIAN LIGHT PATTERNS

By mimicking natural light, the DARWIN Circadian Lighting System can help to regulate hormonal balance, appetite, sleep, productivity and energy levels.

THE DARWIN EXPERIENCE

WAKE

Wake gradually with Dawn Simulation, inspired by nature's sunrise, to help you feel refreshed in the morning.

ENERGISE

Experience the rejuvenating effects of Energising Light.

HYDRATE

Enjoy better tasting water from the Water Filtration System that helps remove contaminants and impurities.

RELAX

Create a calming environment with the level of Circadian Lighting appropriate for winding down.

SLEEP

Blackout Blinds automatically close and lights gradually dim to prepare you for sleep.

Circadian Lighting mimics natural sunlight throughout the day to help balance your body's sleep-wake cycle.

Air Quality Monitoring uses sensors to continuously measure environmental conditions.

Throughout the day, the DARWIN Air Purification System reduces contaminants in the air, based on the conditions in your home.



BRINGING IN WHAT THE BODY NEEDS

DARWIN Home Wellness Intelligence integrates the latest wellness solutions to create a home that is more naturally in harmony with the needs of the people who live there, by bringing in what the body needs...and filtering out harmful elements.

AIR AS PURE AS A MOUNTAIN TOP

You may not have ever thought about it, but indoor air quality can be up to 5 times worse than outdoors.

RESPONSIVE PURIFICATION

With continuous air quality monitoring technology, DARWIN thinks and reacts for you.

REDUCES POLLEN AND OTHER ALLERGENS

Allergens are kept at bay by filtering out the particles from outside air to give you fresh and clean air inside your home.

REMOVES TOXINS AND PATHOGENS

Helps remove airborne toxins and pathogens from materials and furnishings that can cause both short and long-term health impacts.

EXPELS ODOURS

Odours can affect your emotions and sleep and leave you grumpy and irritable. Getting rid of them can improve your mood, reduce stress and improve your well-being.

WATER AS PURE AS SPRING WATER

While Australia enjoys some of the cleanest water in the world, microscopic contaminants and additives can still be present, affecting the taste and hardness of the water we use at home.

The DARWIN Water Filtration System uses best-in-class filtration technologies to improve water quality in your home.

GREAT TASTING WATER

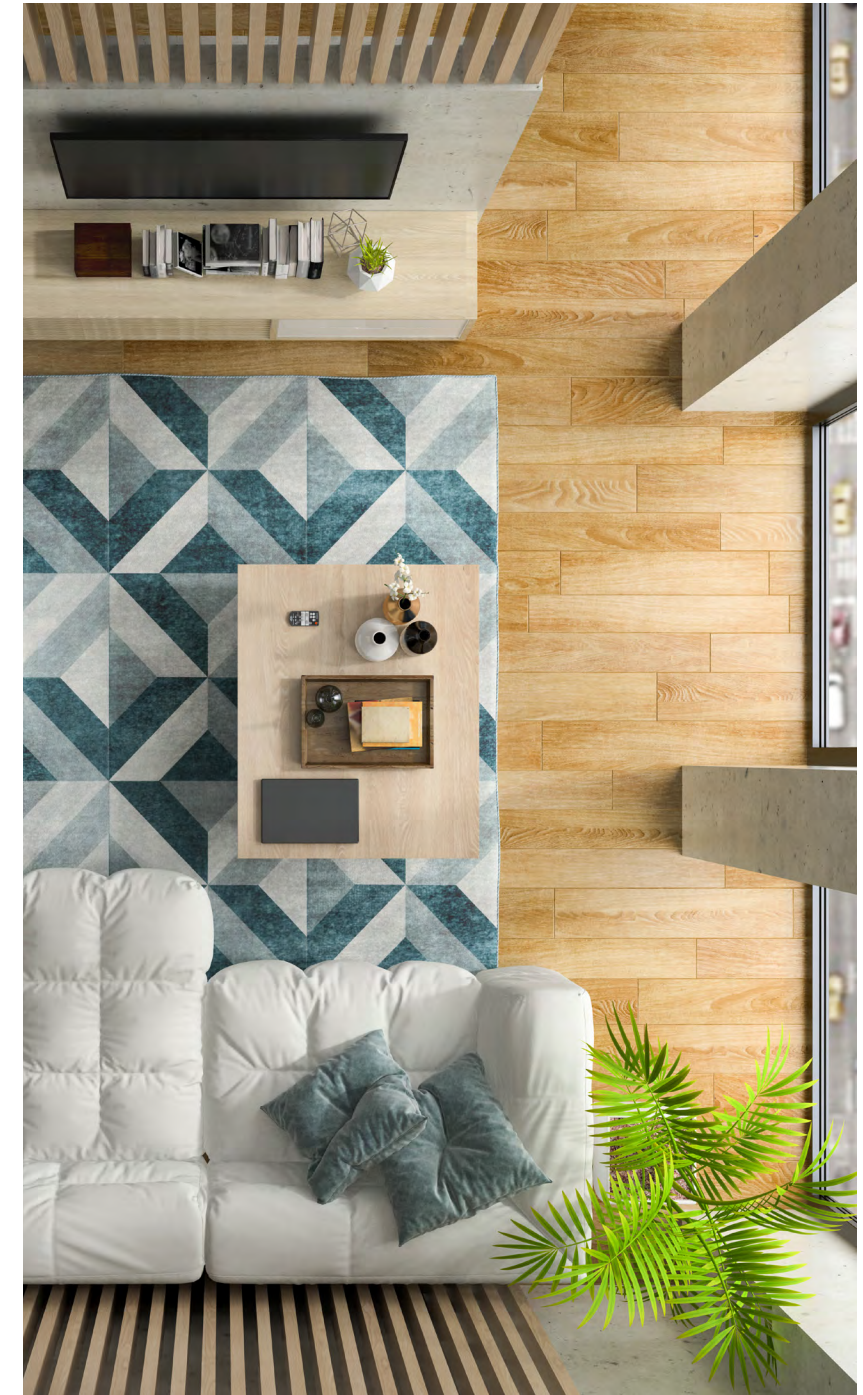
Carbon filtration helps reduce chlorine taste and odour, providing fresh, clean and great tasting water from your tap.

SAVINGS FOR YOU AND THE PLANET

Filtered water is more cost-effective than bottled water and reduces the environmental impact on our landfills.

ENHANCED WATER QUALITY

Filtering water enhances quality by reducing unwanted contaminants like lead and chlorine from drinking water.



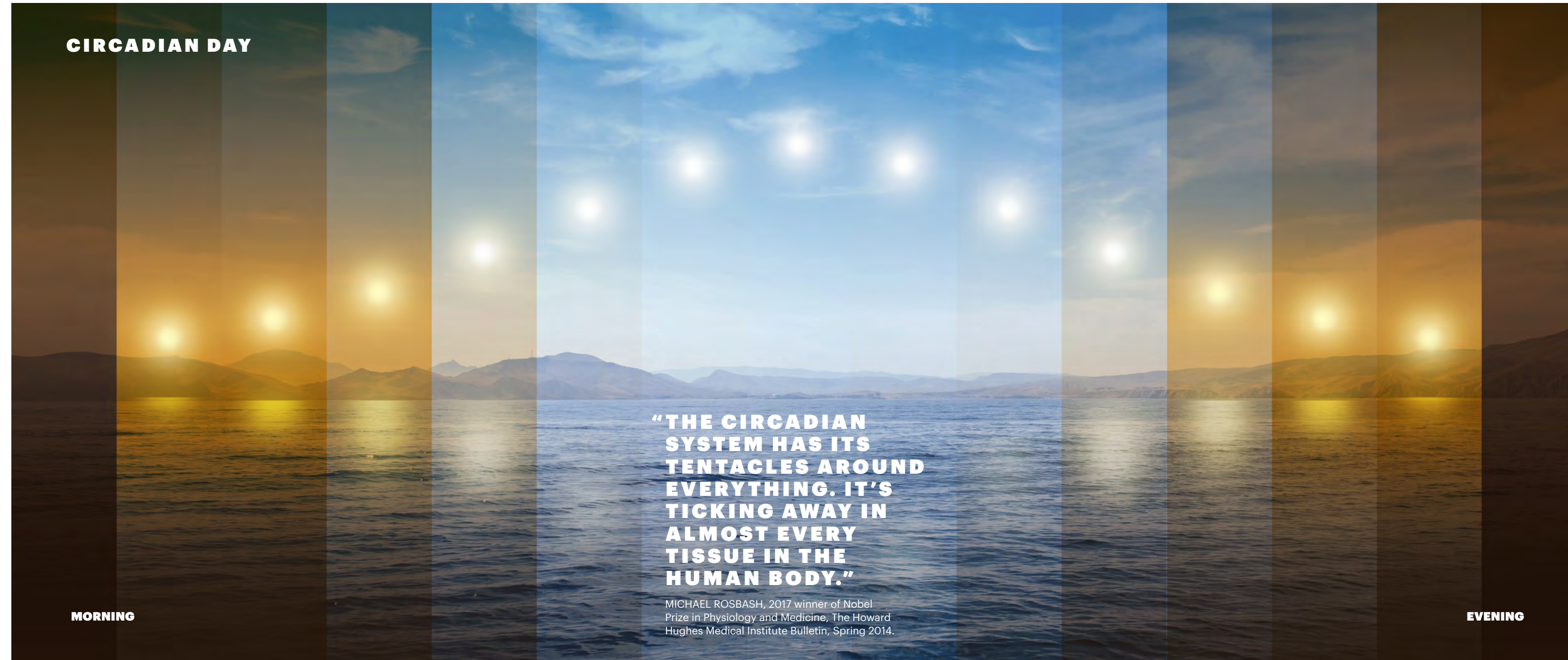
LIGHTING AS NOURISHING AS NATURAL LIGHT

Exposure to light patterns regulates your body's circadian rhythm - a biological process that works on a 24-hour cycle and determines your natural sleep-wake cycle.

DARWIN Home Wellness Intelligence constantly regulates and adjusts the lighting within your home, creating a more natural light that allows your body to sync naturally and calmly to different times of the day. This can positively affect your comfort, mood and alertness throughout

the day and into the evening. During the night, sleep peacefully knowing DARWIN manages environmental disturbances and provides a haven for sleep.

Come morning, Dawn Simulation transforms your bedroom into a natural oasis, mimicking the rising sun, gradually increasing room temperature and immersing you in the sounds of nature, helping your mind and body wake gently.



**"THE CIRCADIAN
SYSTEM HAS ITS
TENTACLES AROUND
EVERYTHING. IT'S
TICKING AWAY IN
ALMOST EVERY
TISSUE IN THE
HUMAN BODY."**

MICHAEL ROSBASH, 2017 winner of Nobel Prize in Physiology and Medicine, The Howard Hughes Medical Institute Bulletin, Spring 2014.



SLEEP YOUR DREAM SLEEP



WE SPEND AROUND ONE THIRD OF OUR LIVES SLEEPING. And where we sleep can affect the quality of it. Melatonin, a chemical naturally produced by the body plays an important role in helping regulate your sleep-wake cycle.

Night time exposure to bright indoor light and outdoor light pollution can lead to melatonin suppression and make it more difficult to fall and stay asleep.

WAKE-UP SETTING At the desired time, the lights will slowly mimic the rising sun, Blackout Blinds will automatically open to natural light and you'll gently wake to the sounds of nature.

GO-TO-SLEEP SETTING Blackout Blinds automatically close, lights gradually dim and DARWIN prepares you for sleep.



WAKE REFRESHED AND READY TO START THE DAY

Bright light has a powerful effect on the body's circadian rhythm. That's why the DARWIN Platform includes the Energising Light experience that emits a bright, white light that uplifts and prepares you for the day ahead.

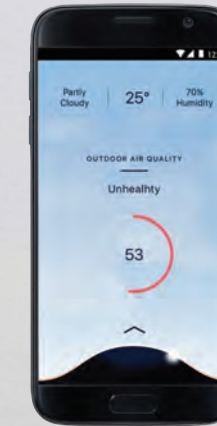
INTRODUCING THE WORLD'S FIRST HOME WELLNESS INTELLIGENCE PLATFORM



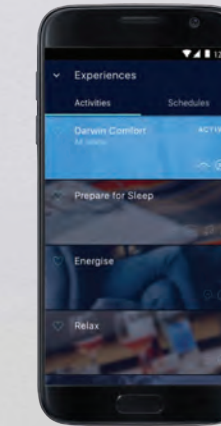
ALL THE FEATURES OF THE DARWIN PLATFORM IN THE PALM OF YOUR HAND



INDOOR AIR
QUALITY DATA



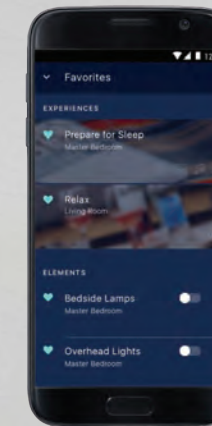
OUTDOOR AIR QUALITY
& WEATHER DATA



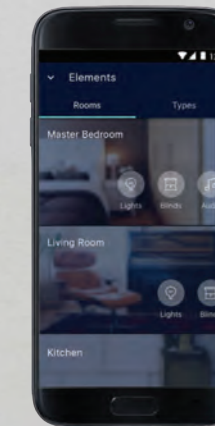
WELLNESS
EXPERIENCES



SLEEP
SCHEDULES



FAVOURITES



ELEMENT
CONTROL



FILTER
MONITORING

Knowledge is power...DARWIN gives you the power to know the wellness status of your home.

DARWIN Home Wellness Intelligence provides key information about the health of your home and enables control over the curated wellness experiences.

DARWIN provides the following insights:

WELLNESS MESSAGING

- Outdoor Weather
- Outdoor Air Quality
- Indoor Air Quality
- Current Wellness Active Elements
- Filter monitoring

CONTROL

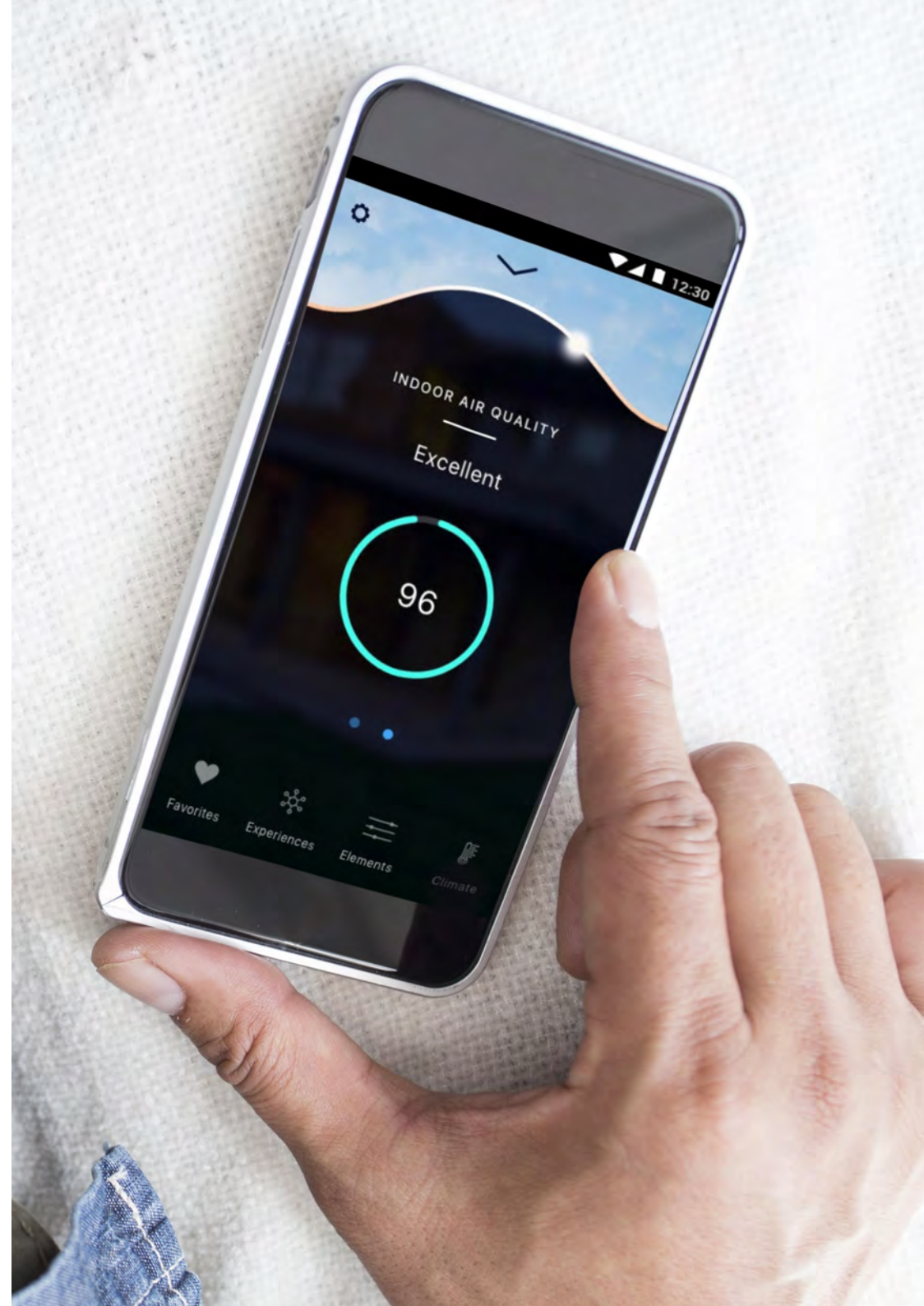
- Wellness Experiences
- Individual Device Control

THE HEART (AND BRAINS) OF YOUR WELLNESS HOME

HOME WELLNESS INTELLIGENCE

Featuring the world's first home wellness intelligence platform, DARWIN's sensor technology constantly monitors indoor environmental conditions including air quality, lighting, temperature and humidity. DARWIN's cloud-based software solution dynamically determines how the system responds to enhance your family's health and well-being.

DARWIN Home Wellness Intelligence has been hailed by industry leaders as the most significant advancement to the way we live in decades. The new era in wellness living is based on the oldest fundamentals of nature and our relationship to its life-giving force.



THE SCIENCE OF WELLNESS

Delos has collaborated with world-class scientific and health experts, including the Wellness Institute at Cleveland Clinic and the Center for Innovation at Mayo Clinic, as well as leading voices in science, design, architecture and sustainability.

Delos is bringing to life the visions where our environments, the places where we live, work and play, contribute actively to our health and well-being. Delos calls it Wellness Real Estate™ – merging health and science with design and construction to reinvent the role of the built environment on our health.

BRINGING SCIENCE TO LIFE

A Delos and Mayo Clinic collaboration, the Well Living Lab is exclusively focused on human-centered research, exploring the interaction between indoor environments and the health and well-being of the people who live there.

ACCESS TO CLEVELAND CLINIC'S GO! PROGRAMS

The award-winning on-line programs Go! Healthy, Go! To Sleep, and Go! Stress Free from the world renowned Cleveland Clinic are available to you. These three programs include step-by-step instructions that will help you respond to, and make the most of, your nutrition and sleep and help manage stress. Along with a range of other informative programs, you'll always be armed with the tools and tips you need.



**“IF WE WANT TO IMPROVE THE
HEALTH AND WELL-BEING OF
INDIVIDUALS, FAMILIES AND
COMMUNITIES, THERE CAN
HARDLY BE A MORE IMPORTANT
PLACE TO START THAN THE HOME.”**

UKGBC, Health and Well Being in Homes Report.



DARWINTM

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MAKE YOUR HOME A WELLNESS HOME
[DELOS.COM.AU](https://delos.com.au)